

How to determine My Primary Archetype
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1. Without thinking about it, what is your FAVORITE color? To what color do you feel passionately attracted?
2. What symbol or symbols/images am I most drawn to?
3. What mythic characters from literature am I most drawn to?
4. What movie hero's or heroines most inspire me?
5. What male or female dieties do I resonate with?
6. What is my favorite scent?
7. What is my favorite geometry?
8. What is the primary "shadow" (whatever makes you powerfully react) am I healing in this lifetime? (If you are having difficulty accessing that, what do people consistently point out to you as a "weakness" or difficult aspect of your nature or personality?
9. Name any "chronic" areas of physical problems that have persisted over time?
10. Are there any times historically, culturally or mythically that powerfully attract you?

Finally.. when you have narrowed down your search for archetypes ask yourself these questions?

What powers, gifts, tools, life challenges and shadows do I associate with this archetype?

