

Consider. According to quantum physics, human beings can be looked at as holograms, whose brains are interpreting a holographic Universe. In view of that fact, you might want to genuinely ask yourself “Whose movie is it anyway?” and more importantly, “Am I actually the director of my personal movie?” or am I inadvertently a part of an invisible matrix movie which limits my freedom of expression as creative director of my own movie?”

What distinguishes ordinary life from a life lived mythically? Buckminster Fuller said it clearly, “If success or failure of this planet and of human beings depended *on how I am* and what I do, how would I be? What would I do?” Let’s examine that. How does one enter the Big Story described here by Bucky Fuller? Everyone knows about the Small Story of the ego/mind with its endless webs of emotional entanglements and dramas specializing in the loop-de-loops of the endlessly repetitive cycling of patterns, salaciously preoccupied with the recapitulation of the known. In the Small Story there is a focus on the playing out of all the ego small self archetypes of how you are defined and limited by what you resist, deny, judge and emotionally react to in the Hall of Mirrors curriculum on Earth. On the other hand, a choice to live life in the Big Story requires that you are a mythic juggler, consciously dealing with the Small Story curriculum while keeping your focus of awareness on embodying the archetypal gifts, talents, etc you came to contribute to the Big Story, in the first place. Myth asks, “If not you, who? If not now, when?”

Myth can be defined as the “larger than life”, archetypal patterns of awareness that we came encoded to dance with and evolve through. Archetypes are the structures through which the mythic dimensions of self play themselves out. Archetypes such as the Fool, the Empress, the Muse, the Wise Wo/man, the Priest/ess, the Magician have existed in many cultures at many times because they arise out of a single collective Dreamfield. One of the primary functions archetypes serve is to assist us in looking at our lives from a much larger, more mythic and spiritually expansive perspective than our ordinary day to day view of the self. In virtually all cultures there are about twenty to twenty three mythic, archetypal containers of divine consciousness. These archetypal containers, when looked at as a whole, provide a patterning of consciousness, a blueprint for spiritual evolution. These archetypes can be seen in Tarot, Mayan archetypes, astrology archetypes etc. These archetypal containers rise up from the collective unconscious, in a multiplicity of cultural masks, especially in the dream life, making their presence known and felt as reminders that we are more than we seem in daily life, that life *can* be lived mythically.

So what is it to be a hero/ine? The Hero/ine knows that s/he is the ONE who makes a pivotal difference in the cosmic play on Earth. This hero/ine knows s/he is always at choice no matter what her circumstances. The Hero/ine lives from authentic essence rather than simply accepting cultural expectations. The heroine has super

human powers because s/he has clarity of focus and laser like intent. The hero/ine lives daily life as a myth by recognizing that everything is connected by pattern, symbol and thus by meaning.

So how does one tell what heroic archetypes one is working with in this lifetime? First, note what hero/ines or mythic or movie characters are you attracted to and repelled by. Einstein, Mother Theresa, Yoda, Madonna? Look at tarot archetypes or the galactic Mayan or Divine Feminine archetypes. See which ones reflect who you feel your authentic “Essence Self” to be. Or remember what gave you joy as a child before you were culturally brainwashed. Then, ask yourself who you are archetypally in the Big Story. Specifically, as an archetypal hero/ine, ask yourself what are your mythic 1) gifts? 2) tools? 3) powers? 4) life challenges?

Then, look at what small story, shadow archetypes you are mostly unconsciously playing out. To determine this, without defensiveness, ask yourself, “What do other people consistently point out or apparently criticize in my personality?” Are you playing out the Eeyore complainer archetype for example? The Victim? The Exhausted Always Nurturing Mother? The Bored Dutiful Wife? The Resistant Rebel? The Seductress? The Love Starved Over-Server? The Control Freak? The Drama Queen? The Passive Power Push Over?

Finally, fully recognize your life as a mythic quest for which you are following a specially designed clue trail. Signs are dropped everywhere for exploration on your specific quest. Begin to recognize those signs and signals in the synchronicities in your life. In living mythically, life becomes a joyful adventure. To move gracefully into the mythic dimensions of self there is one simple invective: move toward joy and beauty and enjoy the adventure of the journey, Adventurers!